SUNDAY / DOMINGO

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739,(O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password

Inspiration To Recovery Group, 9:00AM 1.5HR Rase Project Building, 131 East Orange Street, Lancaster, PA, 17602,(C,DISC,JFT,TOP,WC &)

Without Gods, 11:00AM 1HR

,(C,BEG,DISC,NC,Ag,VM) Zoom ID: 837-6808-5026 PW: wu9PhB (case sensitive) Video Optional

No Matter What, **1:00PM 1.5HR** Congregation Shaarai Shomayim, 75 E. James St., Lancaster, PA, 17602,(**0,VAR**)

Willow Street Group, 5:00PM 1HR Ascension Lutheran Church, 600 Penn Grant Road, Willow Street, PA, 17584,(O,CW,DISC,TOP,WC &)

Grounded, 7:30PM 1HR Manheim Brethren in Christ, 54 North Penryn Road, Manheim, PA, 17545,(O,DISC,AB) Disease of Addiction Group, 7:45PM 1.25HR Grace Lutheran Church, 517 North Queen Street, Lancaster, PA, 17603,(O,DISC,VAR,TOP)

MONDAY / LUNES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602,(C,JFT)

Center City Group, **11:45AM 1.25HR** Saint John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603,**(O,DISC,JFT,TOP)** Park and Enter on Mulberry St. side.

Keepin' It Real Group, 6:00PM 1.5HR 500 Pearl Street, Lancaster, PA, 17603-5037,(O,NC,VAR)

CLOSED UNTIL FURTHER NOTICE: Just For Today Group, 6:30PM 1HR Christ Lutheran Church, 125 E. High Street, Elizabethtown, PA, 17022-1949,(O,DISC,TOP,WC &)

Early Bird Group, 7:00PM 1HR Saint Edward's Episcopal Church, 2453 Harrisburg Pike, Lancaster, PA, 17601,(O,VAR,TOP,LIT)

Face the World Group, 7:00PM 1.25HR Covenant Methodist Church, 110 North Mulberry Street, Lancaster, PA, 17603,(O,BT,DISC,TOP)

Freedom to Choose, 7:00PM 1HR Zion Lutheran Church, 435 Main Street, Akron, PA, 17501,(O,DISC,TOP,HY) Hybrid @ Church & Virtually (Zoom ID: 976-389-4910 No Pswd.)

TUESDAY / MARTES

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739,(O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password

Back to Basics Group, 11:00AM 1.5HR First United Methodist Church, Doors open at 11am., 29 East Walnut Street, Lancaster, PA, 17602,(O,BT,DISC,TOP,WC &)

Recovery On The Hill Group, 6:00PM 1.5HR

Brightside Opportunity Center, 515 Hershey Ave., Lancaster, PA, 17603, (O,DISC,NC,VAR,SPK) No Children You Get What You Need Group, 6:30PM 1HR Mt. Zion

You Get What You Need Group, 6:30PM 1HR Mt. Zior United Methodist Church, 105 N. 11th Street, Akron, PA, 17501,(O,DISC,TOP)

CLOSED UNTIL FURTHER NOTICE: Part of the Solution Group, 7:00PM 1HR Grace Evangelical Congregational Church, North 7th Street and Fulton Street, Akron, PA, 17501,(O,VAR)

Do or Die Group, **7:00PM 1.25HR** St. James Episcopal, 119 North Duke Street, Lancaster, PA, 17602, **(O,BEG)** Enter large wooden doors (second entrance on Duke St.) into sanctuary / Corner of E. Orange St. & N. Duke St.

Road to Recovery Through the 12 & 12, 7:00PM 1HR Smithville Church of God, 595 Pennsy Road, New Providence, PA,

17560-9730,(**O,CW,STEP,TW,NS,SAO,LIT**) As of 5/5 - Meetings will be held outside, weather permitting

WEDNESDAY / MIÉRCOLES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602,(C,JFT)

Center City Group, 11:45AM 1.25HR St. John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603,(O,DISC,SPK,TOP,TRAD,LIT) Park and Enter on Mulberry St. side.

The Winners Group, 6:00PM 1.5HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602,(C,DISC,SPK,STEP,TOP) 1st Week: Chairperson Choice, Topic Discussion. 2nd:The Journey Continues, Speaker. 3rd: Chairperson Choice, IP Pamphlet. 4th:Just For Today Meditation (Topic) 5th: Spiritual Principle a Day | Time: Nov-Apr (6-7PM) Apr-Nov (6-7:30PM)

Liberty in Lititz, 7:00PM 1HR Moravian Church, Christian Education Building., 8 Church Square, Lititz, PA, 17543,(O,DISC,STEP,TOP,LIT) Inside No Child Care I Can't We Can, 7:30PM 1HR Crossroad Brethren in Christ Church, 800 Donegal Springs Road, Mount Joy, PA, 17552,(O,DISC,SPK,AB)

We Are Each Other's Eyes & Ears Group, 7:30PM

1HR First United Methodist Church, 29 East Walnut Street,
Lancaster, PA, 17602,(O,CAN,DISC,SPK,TOP,WC &)

Back in basement, coffee provided.

THURSDAY / JUEVES

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739,(O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password

Back to Basics Group, 11:00AM 1.5HR First United Methodist Church, Doors open at 11am., 29 East Walnut Street, Lancaster, PA, 17602,(O,BT,WC &,LIT)

The War is Over Group, 6:00PM 1HR Community Mennonite Church of Lancaster, 328 W. Orange Street, Lancaster, PA, 17603,(O,JFT,SPK,STEP,TW,LIT) Side Entrance/homegroup member will celebrations aniversery next thursday

Juntos Podemos, **6:30PM 1.5HR** Saint John's Episcopal Church, Together We Can, 321 West Chestnut Street, Lancaster, PA, 17603, **(O,ES,SPK,TOP)**

Trust the Process, 6:30PM 1HR James St. Mennonite Church, 323 W. James Street, Lancaster, PA, 17603,(O,WC &,LIT) Entrance and parking on the side with the maroon awning.

Come As You Are Group, 7:00PM 1HR Zion Church of Millersville, 317 North George Street, Millersville, PA, 17551,(O,STEP)

Do or Die Group, **7:00PM 1.25HR** Saint James Episcopal, 119 North Duke Street, Lancaster, PA, 17602, **(O,BEG)** Enter large wooden doors (second entrance on Duke St.) into sanctuary / Corner of E. Orange St. & N. Duke St.

Living Clean, 7:00PM 1HR Salem United Church of Christ (Rear Building), 324 Walnut Street, Columbia, PA, 17512,(O,DISC,VAR,TOP,WC &)

More Will Be Revealed Group, 7:00PM 1HR Mt. Zion United Methodist Church, 105 N. 11th St., Akron, PA, 17501,(O,IP,STEP,TW,WC &)

FRIDAY / VIERNES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602.(C,IFT)

Center City Group, 11:45AM 1.25HR Saint John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603,(O,TOP,WC &) Park and Enter on Mulberry St. side.

Eastside Group, 6:00PM 1.5HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602-4434, (O,DISC,SPK,STEP,TOP,LIT)

Freedom to Choose, 7:00PM 1HR Zion Lutheran Church, 435 Main Street, Akron, PA, 17501,(BT,IP,VAR,SPK,TOP,TRAD,HY) Hybrid @ Church & Virtually (Zoom ID: 976-389-4910 No Pswd.)

Inspiration To Recovery Group, 7:00PM 1HR Rase Project Building, 131 East Orange Street, Lancaster, PA, 17602,(C,DISC,JFT,TOP,WC &)

Survivors Group, 7:30PM 1HR Lutheran Church of the Holy Spirit, 3131 Columbia Avenue, Lancaster, PA, 17603,(C,DISC,NC,VAR,WC &)

Almost Midnight Group, 9:00PM 3HR Grace Lutheran Church, 517 N. Queen Street, Lancaster, PA, 17603-3026,(O,DISC,RR,TOP) Snack and Chat (9pm-10:30pm), Meeting (10:30pm-Midnight)

SATURDAY / SÁBADO

Ephrata, PA, 17522-2739,(**O,DISC,TOP,VM**) Zoom ID: 976-389-4910 No Password

Good Orderly Direction, 9:00AM 1.5HR BASE, Inc.,

Freedom to Choose, 9:00AM 1HR Virtual Meeting,

Good Orderly Direction, **9:00AM 1.5HR** BASE, Inc., Front Entrance, 447 South Prince Street, Lancaster, PA, 17603, **(O,DISC,JFT,SPK,LIT)**

A Fresh Start, 11:00AM 1HR A Better Choice Behavioral Healthcare Services, Located in the back / parking lot, 115 E Main St, Ephrata, PA, 17522,(O,TOP) children welcome not handicap accessible looking for home group members

The H.E.R. Group (Hope & Experience in Recovery), 11:00AM 1HR Hempfield United Methodist Church, Use church main doors (facing Stony Battery Rd)., 3050 Marietta Avenue, Lancaster, PA, 17601-1322,(O,VAR,W,WC &)

Eastside Group, 12:30PM 1HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602-4434, (O,DISC,STEP,TOP,LIT)

H.O.W., **6:00PM 1HR** 222 North George Street, Millersville, PA, 17551,(**C,VAR**)

Saturday Night Live, 7:30PM 1HR St. Anthony's Church, 501 E. Orange St., Lancaster, PA, 17602, **(O,DISC,SPK)**

	MEETING FOR	RMAT	LEGEND
AB	Ask-It-Basket	Ag	Agnostic
BEG	Beginners	ВТ	Basic Text
С	Closed	CAN	Candlelight
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	JFT	Just for Today Study
LIT	Literature Study	NC	No Children
NS	No Smoking	0	Open
RR	Round Robin	SAO	Service Animal Only
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	VAR	Format Varies
VM	Virtual Web Meeting	W	Women
WC &	Wheelchair		

PHONE NUMBERS

LCANA HELPLINE: 717-393-4546

WEBSITE INFO.

Lancaster County Area of NA Website: lancasterpana.org
Mid-Atlantic Region of NA Website: marscna.org

AREA INFORMATION

Area Sub-Committee Meetings (Unity, Hospitals & Institutions, Public Relations, Literature, Website and Archives): Meet at 1PM prior to Area Service on the first Sunday of the Month

See **lancasterpana.org** Calendar of Events tab for all Sub-Committee information

Unity Committee Meets first and third Sunday at 1PM

Other Committees may meet on the 3rd Sunday as neededcontact Chair of Committee.

Area Service Meeting: Meets at 2PM on the first Sunday of the Month

LCANA Area and Sub Committee
Meeting Location:
Redeemer Lutheran Church, 500 Pearl

St., Lancaster, PA 17603

Parking Available at Wheatland Middle School top of the hill off 5th Street.

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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MEETING LIST MAY 2024

24 HOUR HELPLINE (717)393-4546

Our Website: https://lancasterpana.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 50