| MEETING FORMAT LEGEND |  |  |  |
| :--- | :--- | :--- | :--- |
| AB | Ask-lt-Basket | Ag | Agnostic |
| BEG | Beginners | BT | Basic Text |
| C | Closed | CAN | Candlelight |
| CW | Children Welcome | DISC | Discussion |
| ES | Espanol | HY | Hybrid Physical/Virtual |
| IP | IP Study | JFT | Just for Today Study |
| LIT | Literature Study | NC | No Children |
| NS | N Smoking | O | Open |
| RR | Round Robin | SAO | Service Animal Only |
| SPK | Speaker | STEP | Step |
| TOP | Topic | TRAD | Tradition |
| TW | Traditions Workshop | VAR | Format Varies |
| VM | Virtual Web Meeting | W | Women |
| WC \& | Wheelchair |  |  |

WEBSITE INFO.
Lancaster County Area of NA Website: lancasterpana.org Mid-Atlantic Region of NA Website: marscna.org

## AREA INFORMATION

Area Sub-Committee Meetings (Unity Hospitals \& Institutions, Public Relations, Literature, Website and Archives): Meet at 1PM prior to Area Service on the first Sunday of the Month

See lancasterpana.org Calendar of Events tab for all Sub-Committee information
Unity Committee Meets first and third Sunday at 1PM
Other Committees may meet on the 3rd Sunday as needed-
contact Chair of Committee.
Area Service Meeting: Meets at 2PM on the first Sunday of the Month

LCANA Area and Sub Committee Meeting Location:
Redeemer Lutheran Church, 500 Pearl St., Lancaster, PA 17603
Parking Available at Wheatland Middle School top of the hill off 5th Street.

LCANA HELPLINE: 717-393-4546
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What is our message?
The message is that an addict, any addict, can stop using drugs,
lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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LANCASTER COUNTY AREA

MEETING LIST
MAY 2024

## 24 HOUR HELPLINE (717)393-4546

Our Website:
https://lancasterpana.org

## SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late
Get a home group

Go to 90 meetings in 90 days Read NA literature daily
Get and use a sponsor
Use the PHONE

## KEEP COMING BACK. IT WORKS

