SUNDAY / DOMINGO

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739, (O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password

Inspiration To Recovery Group, 9:00AM 1.5HR Rase Project Building, 131 East Orange Street, Lancaster, PA, 17602, (C,DISC,JFT,TOP,WC &)

Without Gods, 11:00AM 1HR, (C,BEG,DISC,NC,Ag,VM) Zoom ID: 837-6808-5026 PW: wu9PhB (case sensitive) Video Optional

No Matter What, 1:00PM 1.5HR Congregation Shaarai Shomayim, 75 E. James St., Lancaster, PA, 17602, (O, VAR)

Willow Street Group, 5:00PM 1HR Ascension Lutheran Church, 600 Penn Grant Road, Willow Street, PA, 17584, (O,CW,DISC,TOP,WC &)

Grounded, 7:30PM 1HR Manheim Brethren in Christ, 54 North Penryn Road, Manheim, PA, 17545, (O, DISC, AB)

Disease of Addiction Group, 7:45PM 1.25HR Grace Lutheran Church, 517 North Queen Street, Lancaster, PA, 17603, (O, DISC, VAR, TOP)

MONDAY / LUNES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602, (C,JFT)

Center City Group, 11:45AM 1.25HR Saint John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603, (O, DISC, JFT, TOP) Park and Enter on Mulberry St. side.

Keepin' It Real Group, 6:00PM 1.5HR 500 Pearl Street, Lancaster, PA, 17603-5037,(**O,NC,VAR**)

CLOSED UNTIL FURTHER NOTICE: Just For Today Group, 6:30PM 1HR Christ Lutheran Church, 125 E. High Street, Elizabethtown, PA, 17022-1949,(**O,DISC,TOP,WC** &)

Early Bird Group, 7:00PM 1HR Saint Edward's Episcopal Church, 2453 Harrisburg Pike, Lancaster, PA, 17601, (O, VAR, TOP, LIT)

Face the World Group, 7:00PM 1.25HR Covenant Methodist Church, 110 North Mulberry Street, Lancaster, PA, 17603, (O,BT,DISC,TOP)

Freedom to Choose, 7:00PM 1HR Zion Lutheran Church, 435 Main Street, Akron, PA, 17501, (O,DISC,TOP,HY) Hybrid @ Church & Virtually (Zoom ID: 976-389-4910 No Pswd.)

TUESDAY / MARTES

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739, (O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password Back to Basics Group, 11:00AM 1.5HR First United Methodist Church,

Doors open at 11am., 29 East Walnut Street, Lancaster, PA, 17602,(**O,BT,DISC,TOP,WC** &)

Recovery On The Hill Group, 6:00PM 1.5HR Brightside Opportunity Center, 515 Hershey Ave., Lancaster, PA, 17603, (O,DISC,NC,VAR,SPK) No Children

You Get What You Need Group, 6:30PM 1HR Mt. Zion United Methodist Church, 105 N. 11th Street, Akron, PA, 17501, (O,DISC,TOP)

CLOSED UNTIL FURTHER NOTICE: Part of the Solution Group, 7:00PM **1HR** Grace Evangelical Congregational Church, North 7th Street and Fulton Street, Akron, PA, 17501, (O, VAR)

Do or Die Group, 7:00PM 1.25HR St. James Episcopal, 119 North Duke Street, Lancaster, PA, 17602, (O, BEG) Enter large wooden doors (second entrance on Duke St.) into sanctuary / Corner of E. Orange St. & N. Duke St. Road to Recovery Through the 12 & 12, 7:00PM 1HR Smithville Church of God, 595 Pennsy Road, New Providence, PA,

17560-9730,(O,CW,STEP,TW,NS,SAO,LIT) As of 5/5 - Meetings will be held outside, weather permitting

WEDNESDAY / MIÉRCOLES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602, (C, JFT)

Center City Group, 11:45AM 1.25HR St. John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603, (O,DISC,SPK,TOP,TRAD,LIT) Park and Enter on Mulberry St. side.

The Winners Group, 6:00PM 1.5HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602, (C, DISC, SPK, STEP, TOP) 1st Week: Chairperson Choice, Topic Discussion. 2nd:The Journey Continues, Speaker. 3rd: Chairperson Choice, IP Pamphlet. 4th: Just For Today Meditation (Topic) 5th: Spiritual Principle a Day | Time: Nov-Apr (6-7PM) Apr-Nov (6-7:30PM)

Liberty in Lititz, 7:00PM 1HR Moravian Church, Christian Education Building., 8 Church Square, Lititz, PA, 17543, (O,DISC,STEP,TOP,LIT) Inside No Child Care

I Can't We Can. 7:30PM 1HR Crossroad Brethren in Christ Church, 800 Donegal Springs Road, Mount Joy, PA, 17552, (O, DISC, SPK, AB)

We Are Each Other's Eyes & Ears Group, 7:30PM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602, (O,CAN, DISC, SPK, TOP, WC &) Back in basement, coffee provided.

THURSDAY / JUEVES

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739, (O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password Back to Basics Group, 11:00AM 1.5HR First United Methodist Church,

Doors open at 11am., 29 East Walnut Street, Lancaster, PA, 17602, (O,BT,WC હ,LIT)

The War is Over Group, 6:00PM 1HR Community Mennonite Church of Lancaster, 328 W. Orange Street, Lancaster, PA,

17603,(O,JFT,SPK,STEP,TW,LIT) Side Entrance/homegroup member will celebrations aniversery next thursday

Juntos Podemos, 6:30PM 1.5HR Saint John's Episcopal Church, Together We Can, 321 West Chestnut Street, Lancaster, PA, 17603, (O,ES,SPK,TOP)

Trust the Process, 6:30PM 1HR James St. Mennonite Church, 323 W. James Street, Lancaster, PA, 17603, (O, WC &, LIT) Entrance and parking on the side with the maroon awning.

Come As You Are Group, 7:00PM 1HR Zion Church of Millersville, 317 North George Street, Millersville, PA, 17551, (O,STEP)

Do or Die Group, 7:00PM 1.25HR Saint James Episcopal, 119 North Duke Street, Lancaster, PA, 17602, (O,BEG) Enter large wooden doors (second entrance on Duke St.) into sanctuary / Corner of E. Orange St. & N. Duke St.

Living Clean, 7:00PM 1HR Salem United Church of Christ (Rear Building), 324 Walnut Street, Columbia, PA, 17512, (O, DISC, VAR, TOP, WC &)

More Will Be Revealed Group, 7:00PM 1HR Mt. Zion United Methodist Church, 105 N. 11th St., Akron, PA, 17501, (O,IP,STEP,TW,WC &)

FRIDAY / VIERNES

Wake Up to Recovery Group, 9:30AM 1HR First United Methodist Church, 29 East Walnut Street, Lancaster, PA, 17602, (C,JFT)

Center City Group, 11:45AM 1.25HR Saint John's Episcopal Church, 321 West Chestnut Street, Lancaster, PA, 17603, (O,TOP, WC &) Park and Enter on Mulberry St. side.

Eastside Group, 6:00PM 1.5HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602-4434, (O, DISC, SPK, STEP, TOP, LIT)

Freedom to Choose, 7:00PM 1HR Zion Lutheran Church, 435 Main Street. Akron, PA, 17501, (BT,IP,VAR,SPK,TOP,TRAD,HY) Hybrid @ Church & Virtually (Zoom ID: 976-389-4910 No Pswd.)

Inspiration To Recovery Group, 7:00PM 1HR Rase Project Building, 131 East Orange Street, Lancaster, PA, 17602, (C, DISC, JFT, TOP, WC &)

Survivors Group, 7:30PM 1HR Lutheran Church of the Holy Spirit, 3131 Columbia Avenue, Lancaster, PA, 17603, (C, DISC, NC, VAR, WC &)

Almost Midnight Group, 9:00PM 3HR Grace Lutheran Church, 517 N. Queen Street, Lancaster, PA, 17603-3026, (O, DISC, RR, TOP) Snack and Chat (9pm-10:30pm), Meeting (10:30pm-Midnight)

SATURDAY / SÁBADO

Freedom to Choose, 9:00AM 1HR Virtual Meeting, Ephrata, PA, 17522-2739, (O,DISC,TOP,VM) Zoom ID: 976-389-4910 No Password

Good Orderly Direction, 9:00AM 1.5HR BASE, Inc., Front Entrance, 447 South Prince Street, Lancaster, PA, 17603, (O, DISC, JFT, SPK, LIT)

A Fresh Start. 11:00AM 1HR A Better Choice Behavioral Healthcare Services. Located in the back / parking lot, 115 E Main St, Ephrata, PA, 17522, (O,TOP) children welcome not handicap accessible looking for home group members

The H.E.R. Group (Hope & Experience in Recovery), 11:00AM 1HR Hempfield United Methodist Church, Use church main doors (facing Stony Battery Rd)., 3050 Marietta Avenue, Lancaster, PA, 17601-1322,(O,VAR,W,WC &)

Eastside Group, 12:30PM 1HR Bethel Outreach Center, 512 East Strawberry Street, Lancaster, PA, 17602-4434, (O, DISC, STEP, TOP, LIT)

H.O.W., 6:00PM 1HR 222 North George Street, Millersville, PA, 17551,(C,VAR)

Saturday Night Live, 7:30PM 1HR St. Anthony's Church, 501 E. Orange St., Lancaster, PA, 17602, (O, DISC, SPK)

MEETING FORMAT LEGEND			
AB	Ask-It-Basket	Ag	Agnostic
BEG	Beginners	BT	Basic Text
С	Closed	CAN	Candlelight
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	JFT	Just for Today Study
LIT	Literature Study	NC	No Children
NS	No Smoking	0	Open
RR	Round Robin	SAO	Service Animal Only
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	VAR	Format Varies
VM	Virtual Web Meeting	W	Women
WC &	Wheelchair		

WEBSITE INFO.

Lancaster County Area of NA Website: lancasterpana.org
Mid-Atlantic Region of NA Website: marscna.org

AREA INFORMATION

Area Sub-Committee Meetings (Unity, Hospitals & Institutions, Public Relations, Literature, Website and Archives): Meet at 1PM prior to Area Service on the first Sunday of the Month

See **lancasterpana.org** Calendar of Events tab for all Sub-Committee information

Unity Committee Meets first and third Sunday at 1PM (Other Committees may meet 3rd Sunday as needed-check with Chair)

Area Service Meeting: Meets in-person at 2PM on the first Sunday of the Month

Sub-Committee and Area Service Meeting Location:

Redeemer Lutheran Church

500 Pearl Street, Lancaster, PA 17603
Parking Available at Wheatland Middle School-top of hill off 5th Street.

	PHONE NUMBERS
LCANA HELPLINE:	717-393-4546

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



MEETING LIST MAY 2024

24 HOUR HELPLINE (717)393-4546

Our Website: https://lancasterpana.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 50